

What Are the Best Hair Removal Products and Methods?

Over the years people have come up with a lot of different ways, methods and techniques to remove unwanted excess hair from their bodies. The best way to remove it is, however, a hot topic of discussion. Some methods work better for light haired people and some better for those with darker shades. Your technique of choice may be too painful for someone else, but may take a lot more work. In the end it comes down to trying out various different ways and finding what works best for you. That's why we've put together this list of 9 best hair removal methods.



Sugaring

Sugaring, while less known, is very similar to waxing. The process itself is the same – warm substance is still applied to the targeted area and then a strip is used to remove the hair along with its root. The difference, though, is in that substance. Instead of wax, the gel or paste that is usually made out of all natural ingredients. Such as honey, lemon and of course sugar, from which the method gets its name.



Because of their similarities sugaring and waxing share most of their pros and cons. There are slight differences though. The natural ingredients make sugaring a great option for those of you with more sensitive skin, as the risk of skin irritation is lessened. The temperatures for pastes and gels also doesn't need to be as high, so the likelihood of burning is reduced. Unfortunately the pain involved is pretty much the same. If you don't like it at waxing, you won't like it here, either. Getting a sugaring session done professionally can also be a bit more expensive and its availability at saloons isn't as wide spread.

All in all, if you've tried waxing and were able to stand the pain, but your skin didn't really like it, we recommend giving sugaring a go. It still offers the same longer-term results lasting for at least 2 weeks.

Best Hair Removal Products – Sugaring:



Skobha Sugaring Kit

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Shobha Sugaring Gel

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