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## Hair Removal - At the Spa

We're not *quite* at swimsuit season yet, but with the urge to bare more skin comes the thought that we need to take care of the hair that's, well, *everywhere*. In NYC, Shobha delivers a no-fail wax for every part of the body, but also offers alternatives to those of us who cringe at the thought of strips ripping near our bikini line. Sugaring is a more gentle approach, and might also be the better alternative for those with sensitive skin—lemon juice, sugar, glycerin, and water are applied in a similar fashion to hot wax, before being peeled off with unwanted hair.

Full Body Sugaring W/ Bikini at Shobha, \$277; [myshobha.com](http://myshobha.com)

**Ask for:** Luckily there are lots of options, and they're all straightforward. A wax will do the job, but look into sugaring if you have a low pain threshold, or laser removal if you have patience and more cash.