

## 13 Beauty Products Forbidden Outside the US

The ugly truth: You may be slathering yourself in toxic chemicals every day

By Holly G. Corbett

### Methylisothiazolinone And Methylchlorisothiazolinone

**Found in:** Shampoos, conditioners, body washes, [soaps](#), lotions, shaving creams, and depilatories.

**Banned by:** Canada and Japan.

**Why it's controversial:** These preservatives are common irritants and allergy triggers, and animal studies show they could damage cells in your nervous system, like your brain.

**Safer alternative:** For a less toxic way to nix body hair than depilatories, try Shobha's sugaring formula (\$30 for the bikini & body sugaring kit; [myshobha.com](http://myshobha.com)). Made with only sugar, lemon juice, water, and [glycerin](#), it's so natural that it's edible. It's also less irritating and painful than waxing, and it's easy to wash clean with just soap and water.