

wedding eyebrow guide: part 2.

beauties, happy friday! welcome to part 2 of my **wedding eyebrow guide**, a Q+A on bridal brows in collaboration with shobha threading salon. to read part 1 [click here](#).

how many days before the wedding should bride get threaded?

we recommend starting your bridal brow **plan 3 months out**, often times it will take a couple months for your brows to reach their highest potential (especially if you've overplucked). if you are new to threading and are undergoing reconstruction, we encourage brides to throw away their tweezers and come in every 2 weeks for the next 3 months. If your shape is already picture perfect, you could come in slightly less often, but try not to do any at home touch ups. the week of your wedding, come in for your brows **1-2 days prior to your wedding**.

should the groom get his brows done?

YES! threading allows you to get a really natural looking while not looking overly manicured so if guys have some unruly (i.e., bushy) brows or those that can sometimes be mistaken as one megabrow (i.e., unibrow), then threading and some trimming is the route to go.



my plan is to come in every 4 weeks in the 4 months before the wedding to make sure my brows are the ideal shape -- and not to touch them at all in between! Is that what you would advise a bride to do?

since you've taken such good care of your brows, this plan sounds great for you! Here's our **bridal boot camp breakdown** for those who are just starting out (or recovering from hair removal abuse):

boot camp is not just for the gym anymore, let shobha be part of your disciplined beauty routine to get you wedding day ready. whatever your bridal style, picture perfect brows are a-must + body hair is one accessory you definitely want to be without on your big day!

6 months before:

keep up with your regular hair removal routine: daily, use the **shobha® exfoliating cloth** to prevent bumps + treat ingrown hairs with **shobha® ingrown relief lotion**. if you normally self-shape your brows, stop — throw away your tweezers + let your hair grow.

3 months before:

see a shobha specialist for a brow consultation (bring those magazine clippings of coveted celeb brows with you!). at your first threading treatment, request a level 2 (senior) specialist to see one of our top brow designers. schedule your visits 2-3 weeks apart for the next 3 months - save with a shobha® 3-pack (sign up at your first visit with an upper level specialist + your first visit fee is waived!).

2 weeks before:

let the hair grow wild (on your face + body). this will help you achieve the best results!

the week of :

- 2-4 days before your wedding date have a shobha specialist wax/sugar your legs, bikini, arms + underarms.
- 1-2 days before your wedding date have a shobha specialist thread your brows, upper lip + any other desired part of your face. (if you're getting a pre-wedding facial, try to do that at least 5 days before to give your skin time to relax between treatments).
- apply **shobha® rosewater calming gel** to calm any irritation post-treatment.
- remember: 48 hours of rest is best! (that means no sex, saunas, or steam rooms) and keep your **shobha® brow pencil** handy for a photo-ready face!

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