

Let's Be Friends Friday: New Mini-Series, Giveaway From Shobha & A Very Special Guest

I've been begging my daughter, Winona, to start making videos again ([check her out](#)), and she finally agreed to join me for one of mine *woot*! I'm launching a new mini-series of videos where I explore better/safer/cleaner ways to get beautiful and clean. My family is doing a complete overhaul of our bathroom cabinets and shower caddies – if we can't eat it, we're not putting it on our bodies! This has all been inspired by the book [No More Dirty Looks: The Truth about Your Beauty Products and the Ultimate Guide to Safe and Clean Cosmetics](#).

In this week's video, we make an acne-blaster mask out of four easy-to-find ingredients... so yummy, too! And what's even yummiier is that I also have a giveaway for you!! Thank you to my pals at [Shobha](#) for sponsoring my giveaway this week – two totally sweet gifts for my beautiful peeps (I guess they got our *special request*)!



Just in case you forgot the rules...

- Comment below with the phrase "Detoxify My Life"
- Contest ends Thursday, October 27, 2011 at 11:59PM EST
- Winner will be chosen randomly and will be announced on the following Friday
- Open to viewers with addresses in the US or Canada only

PS – Check out Winona's new T-shirt... you can get your own [here](#).