



SMOOTH MOVES

Try these hair-removal methods to deftly eliminate fuzz, says New Jersey dermatologist Jeanine Downie, M.D. **BY LISA ROGERS**

BEST PRACTICE

SHAVING

Razors cut hair at the surface of the skin. Let the blade dry before covering it to prevent rust, and change it every five shaves.

SUGARING

A paste made from lemon juice, sugar, and water is rubbed on skin. Hair is removed as the sticky formula is pulled off in the same direction as hair growth.

WAXING

Hot wax pulls hair out at the root, so it takes a few weeks to regrow. To prevent burns, make sure to test the temp before applying.

WHERE BEST USED

Underarms and legs, since hair regrows quickly.

Areas with fine hairs, like knuckles, toes, hands, and arms.

On the bikini area or legs—it's strong enough to uproot even coarse hairs.

TRY IT OUT



Schick Intuition Naturals razor contains shaving cream. \$11, drugstore.com



Shobha Sugaring Kit makes it easy to remove at home. \$30, myshobha.com



GiGi Milk & Honey Wax is an all-natural, gentle formula. \$18, sallybeauty.com