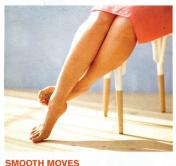
# whole beauty NEWS



## Try these hair-removal methods to deftly eliminate fuzz, says

New Jersey dermatologist Jeanine Downie, M.D. BY LISA ROGERS

# SHAVING

Razors cut hair at the surface of the skin. Let the blade dry before covering it to prevent rust. and change it ev ery five shaves.

# RESTLISED

Underarms and legs, since hair regrows quickly.



Schick Intuition Naturals razor contains shaving cream, \$11. druastore.com

## SUGARING A paste made

from lemon juice, sugar, and water is rubbed on skin. Hair is removed as the sticky formula is pulled off in the same direction as hair growth.

### Areas with fine hairs, like knuckles, toes, hands, and arms.

Shobha Sugar-

it easy to remove

ing Kit makes

at home. \$30,

myshobha.com



On the bikini area or legsit's strong enough to uproot even coarse hairs.

WAXING

Hot wax pulls

hair out at the

root, so it takes

a few weeks

to regrow. To

prevent burns.

make sure to

test the temp

before applying.

GiGi Milk &

Honee Wax is an all-natural, gentle formula. \$18, sallybeauty.com