

Biggest Beauty Blunders

by Karina Timmel

Seven common mistakes that could keep you from looking your best.



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You think you're doing everything so well. You've got your makeup, skin and hair-removal routine down pat. We hate to break it to you... You might not be as beauty-perfect as you might think! Read on for what top experts say about common beauty mistakes their clients make—and how to avoid them.

Wax on, wax off. What you do during the 48 hours after your bikini wax is just as important for smooth results as the waxing itself. "First, abstain from sex. Second, avoid UV rays. And third, resist the sauna," says Jennifer Pesce, hair removal expert at Shobha in NYC. These three things can cause irritation to your newly sensitive skin and even cause it to be susceptible to bacteria, which can potentially cause an infection.