



## Waxing? No ... Sugaring!

I tried several home-waxing kits (stripless and with strips), and my opinion remains: I don't like home waxing. I find it messy; the hair removal is patchy (and painful!); and the wax takes forever to melt in the microwave or double boiler.

When Kristen Arnett, founder of [Green Beauty Team](#), heard that I was working on this story, she recommended that I try the [Shobha Sugaring Kit](#) (\$30), as alternative to waxing. I admit that I was

skeptical, but I tried it and *loved* it. It melts quickly, isn't messy, delivers excellent hair removal and barely hurts. As a bonus, the strips are washable and reusable, as is the spatula.