

MISSION

PAINT NAILS

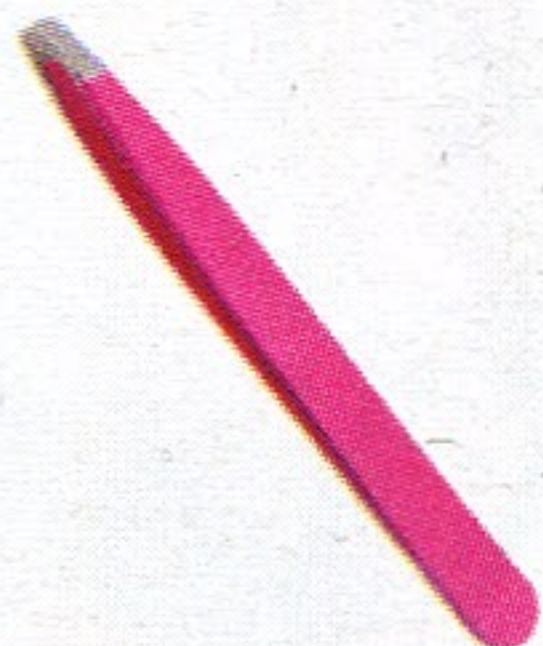


The **Spa Manicure** (\$24) at Polished Beauty Bar (250 W. 78th St., nr. Broadway; 212-933-1830) includes a bride-worthy citrus or lavender exfoliating scrub from Pharmacopia and a deep-tissue massage.

Valley (198 Elizabeth St., nr. Prince St.; 212-274-8985), a Laurel Canyon-inspired salon/spa/vintage boutique, offers **Calgel treatments** (from \$45): a long-lasting, good-for-your-nails gel manicure that should remain chip-free through the honeymoon.

Highlights of the two-and-a-half-hour-long **Bride-to-Be Oasis Retreat package** (\$310) at the Spa at the Ritz-Carlton New York, Battery Park (2 West St., at 1st Pl., fourteenth fl.; 917-790-2660) include a 60-minute Swedish massage and an 80-minute mani-pedi with your choice of Deborah Lippmann polishes.

SHAPE BROWS



The signature treatment at the cheery **Dhaga Full Service Salon** (294 Fifth Ave., nr. 1st St.; 347-689-3827) is eyebrow threading (\$8). Technicians maintain the client's natural brow shape while creating clean arches. Walk-ins are accepted.

Stark Waxing Studio (425 W. 14th St., nr. Washington St.; 212-367-8200) aesthetician Lura Jones uses a French hard wax, which minimizes irritation and leaves brows stylishly shaped (\$35).

Book a year in advance for Eliza Petrescu's famed arch (\$128) at **Eliza's Eyes** (30 E. 76th St., at Madison Ave., fifth fl.; 212-757-0702), which she creates by waxing, shaping with tweezers, penciling in, and gel-setting.

BRONZE SKIN



The UV-free spray-tanning (\$39) at **City Sun Tanning** (50 E. 13th St., nr. University Pl.; 212-353-9700) takes about two minutes to apply. Skin looks dark and splotchy at first but settles after a shower into an even, glowing tan.

Brazil Bronze Glow Bar (580 Broadway, nr. Prince St., Ste. 501; 212-431-0077) offers thorough shade consultation to first-timers, who can expect sun-kissed, streak-free skin that lasts up to a week (\$60).

In fifteen minutes, **Gotham Glow** (212-592-0368; gothamglow.com) guru Tamar Vezirian can set up a portable tent and give you an ace tan (from \$115)—and you won't even need to leave your apartment. You'll come out looking like a dedicated sunbather, not a *Jersey Shore* extra.

CLEAR FACE



The **MicroZone treatment** at Dermalogica (110 Grand St., nr. Broadway; 212-219-9800) is a twenty-minute in-store treatment (\$35) that troubleshoots specific skin problems, from spots to puffy eyes.

The **Glow Facial** at Christine Chin (82 Orchard St., nr. Broome St.; 212-353-0503) incorporates a ginseng mask, shiatsu, and extractions, leaving skin radiant and aisle-ready. The treatment costs \$250 with Chin and \$120 with an associate.

The one-hour **Red Carpet Facial** (\$387) at Tracie Martyn Skincare Salon (101 Fifth Ave., nr. 18th St., eleventh fl.; 212-206-9333) involves an LED light for wrinkle reduction, followed by an application of celeb aesthetician Martyn's firming serum.

GET WAXED



No-frills **SoHo Nails** (458 W. Broadway, nr. Prince St., third fl.; 212-475-6368) accepts walk-ins and, with vacancy, can get you in and out in about ten minutes. Ask for Mimi; her charisma is appreciated during the more trying moments of a Brazilian wax (\$25).

Maria Bonita Salon & Spa (12 Prince St., nr. Elizabeth St.; 212-431-1520) is best known for its Brazilians (\$48), which are thorough, precise, and over in a few big swoops. Waxing is followed by the plucking of ingrown hairs and an application of soothing aloe vera.

Anjali Arora created the service menu at **Shobha** (594 Broadway, nr. Prince St., Ste. 403; 212-931-8363) and boasts more than 30 years of hair-ripping experience. Her Brazilians can be done via natural sugaring (\$100). House calls can also be arranged (\$250 per hour, with a two-hour minimum).

... AND EXHALE



The **Grand Luxury package** (\$150) at Grand Spa (389 Grand St., nr. Suffolk St.; 212-253-9978) includes a facial with Dermalogica products; a 60-minute body treatment with a Dead Sea scrub, massage, and seaweed body mask; and a mani-pedi.

The **Refresh package** (\$300) at Jeunesse Spas for Life (1885 Broadway, nr. 63rd St.; 212-245-4606) comes with a salt scrub, massage, and facial with Elemis's hydrating line. The VIP lounge can accommodate groups of up to fifteen.

The decadent **Spa Journey** (\$475) at the Carlyle's Sense, A Rosewood Spa (35 E. 76th St., at Madison Ave., third fl.; 212-660-7560) includes a ginger-grass scrub, shiatsu-inspired massage, and custom facial with Sisley products.