



DISCLAIMER



HOME

ENTERTAINMENT -

SPORT & RECREATION -

FAMILY & HOME -



Too Faced's glamorous collections



ClickR's Hot Face Mask

M-

New York > Spa & Beauty > Makeup



**Stephanie Yewdell**

NY Beauty Examiner



Subscribe

Sponsor an Examiner

< View all of Stephanie's articles



### Do you like this Article?



Like



Be the first of your friends to like this.

Chances are that New Year's resolution has long been broken. If there is a chance that gym routine is still part of a busy day the gym bag is some of the most essential accessories for hitting the treadmill. It needs to have everything to help you look your best in what little time you have post work out. There are two gym bags a woman should have depending on the situation. One when she is pressed for time and can barely fit change back into street clothes let alone even shower. Then there is when she can take a shower and put a little bit of an effort into her routine. Below are the essential products women should have in their arsenal for their fitness routine.

Sometimes the boss is not in the office giving just enough time to peel away for a mid-day workout. Or maybe you just took a relaxing yoga class where you hardly perspired. Time for a shower is not always in the cards or necessary. There are great products on the market to keep you feeling fresh after hitting the elliptical. These are perfect to keep in the bottom desk drawer for any freshening up on the job.

**Face:** [Shobha Rose Water Freshening Cloths](#)(\$9) is a petite package of ten pre-moistened towelettes that cleanse the skin. Freshening up the skin after a workout the cloths strip the face of impurities but not moisture. Also [Dickinson's Witch Hazel Daily Facial Towelettes](#)(\$5) are individually wrapped towelettes that are infused with the age old witch hazel that helps control oil. Both products are perfect for all skin types and are completely natural.