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## Treating Ingrown Hairs

### Top Products

By Naomi Torres, About.com

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Treating ingrown hairs doesn't just mean pulling them out. You can prevent them before they appear or stop them in their tracks with a little help. Especially formulated products deeply exfoliate allowing the hair to release and moisturize the skin, making it more pliable.

Be sure to read all instructions before use to prevent unsafe reactions. Beware if you already use powerful exfoliators like glycolic products or if you're allergic to aspirin, as many of the products contain it.

### 1. The Art of Shaving Ingrown Hair Night Cream



One of the many wonderful products from a company that specializes in getting a phenomenal shave, it goes on right before bed for one to four weeks until ingrown hairs are cleared. Made in part with African shea butter and jojoba oil to moisturize and white willow bark to exfoliate skin and release trapped hair.

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### 2. Shobha Ingrown Relief Lotion



Free of parabens, color and artificial fragrance. The hair removal experts at Shobha created this ingrown relief lotion to help fight ingrown hairs before they appear or zap them away. Made with Vitamin a, chamomile and tea tree oil to help exfoliate, moisturize and soothe skin. Use daily for to prevent ingrown hairs or stop small bumps, or twice per day for more severe ingrown hair issues.

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