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Smooth move! The art of the eco-shave

From recycled razors to sugar waxes, get hairless in a planet-friendly way

By Marisa Belger

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recycline.com

The recycled plastic handles on Recycline's razors are made from Stonyfield yogurt cups and other plastic items.

Wax right

Before you subject yourself to another waxing session, consider what that wax is made from. Most waxes found in home waxing kits and in salons are derived from petroleum-based ingredients. But if waxing is what works, seek out salons that used natural waxes; DIY types should check out [Gigi Organic Milk and Honee Wax](#), which is free from mineral oil (petroleum based and an eco no-no), synthetic fragrances and irritating chemicals. And if you're willing to ditch waxing altogether for a truly earth-friendly hair-removal experience, consider sugaring. Using nothing more than sugar, lemon juice and washable cloth strips, sugaring could very well be the waxing of 2008. You can make your own sugar concoction at home, or you can buy a sugaring kit like Shobha's Madhu Mini ([myshobha.com](#)) with sugar gel, reusable denim strips, spatulas and instructions.

Marisa Belger is a writer and editor with more than 10 years of experience covering health and wellness. She was a founding editor of Lime.com, a multiplatform media company specializing in health, wellness and sustainable living. Marisa also collaborated with Josh Dorfman on "The Lazy Environmentalist" (Stewart, Tabori, and Chang), a comprehensive guide to easy, stylish green living.

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