

common thread

Instead of tedious tweezing or painful waxing, thread your brows next time. All natural and less painful and irritating to the skin, threading, an ancient art originating in Arabia and South Asia, uses special thread to lift hair follicles directly from the root. Touted as the best method of hair removal, it's great for brows. "You can know how to do threading, but you also have to be an expert at eyebrows," says Shobha Tummala, threading pro and founder of Shobha threading salons in New York (shobhathreading.com). Be sure to look for reputable establishments specializing in arching, and be sure the professionals wash their hands between services.

—Tamara Crockett

