

Beauty express

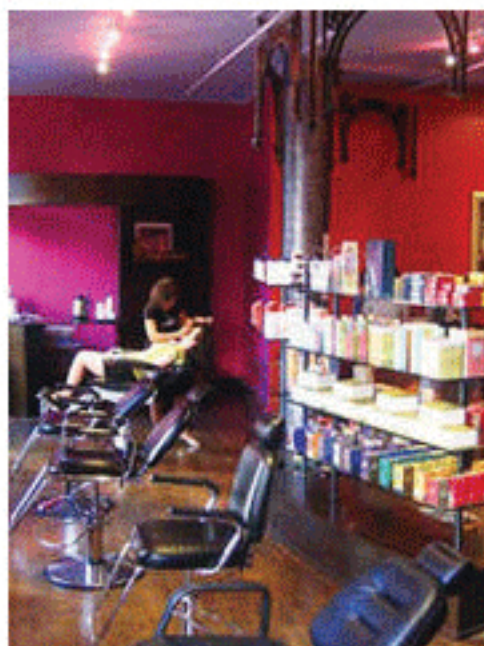
City spas hop on the fast track with these quick treatments

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Shobha's highbrow treatment
(Credit: James Agree)

We all dream of getting cocooned in a seaweed wrap for hours. But who in New York has that kind of time? Thankfully, salons feel your pain and have devised treatments that can tweak your eyebrows, polish your nails and take you to a Zen place in less than half an hour. Here's our guide to the best and latest spots for beauty on the go.

Treatment: Eyebrow threading (\$20-\$30)

Time: 15 minutes

Eyebrows are the name of the game at **Shobha**. Stylists are ultra professional and use brow-specific terms like "far-way arch" when describing their technique. And their rose-water brow-smoothing gel minimalizes any post-wax redness. Book your appointment via their efficient **Web reservations**.

Treatment: Little mermaid facial (\$199)

Time: 29 minutes

Tucked away on a quiet Tribeca block, **Euphoria Spa** recently started offering the "little mermaid," a mini-version of their microdermabrasion with saline treatment (known as

microablation). This popular facial combines classic techniques like exfoliation to get skin shockingly soft in half an hour.

Treatment: Gloss treatment (\$20; free with a \$100 cut)

Time: 7 minutes

While **Enve Beauty Lounge** is waiting for last-minute additions to its new location, you can still call to get an appointment. And you can't go wrong with the affordable gloss treatment, a process that, according to manager-stylist Gina, keeps colored (or non-colored) hair from fading. Staffed by eight freelance hairstylists, who choose their own hours, Enve gives them a chance to do outside editorial work while keeping a loyal clientele. The best part might be the hours and drink specials: They're open until 12 a.m. and serve different drinks each month (for August, it's been margaritas).

Treatment: Swedish massage (\$55)

Time: 30 minutes

It's hard surviving a boring desk job, but Boerum Hill's **Providence Day Spa** just made it a little easier with their quick Swedish massage. Whether it's specific areas or overall body work, this 30-minute rubdown will quickly have you forgetting about your dull cubicle existence.

Treatment: Quick mani pedi (\$45)

Time: 20 minutes

Pick your own two colors and sink back in **Townhouse Spa's** comfortable chairs. For less than half an hour, two super-competent nail technicians (we love Jay and Gabriella) will take your nails (and soles) from disgusting to dashing—add on their chair massage if you've got time. Or explore the three-floor spa which includes a bar area and an entire darkwood-covered floor aimed specifically at men where ESPN's SportsCenter reigns.