

Beauty JUNKIES

[by Judi Cuervo and Mary McGrath]

This month, the dynamic divas thread their heads and play footsie.

Judi: My quest for the highbrow eyebrow leads me to **Shobha**, a serene and exotic oasis of hair removal that specializes in threading, a centuries-old, longer-lasting method of facial hair removal. With brows grown shaggy, I sit before threader extraordinaire Smita, who deftly ministers to my caterpillar-like bristles with what appears to be a spool of Coats & Clark. Deftly twisting, sliding, and gliding the thread, Smita painlessly lassoes my overgrowth, lifting even the teeniest hairs cleanly from their roots to leave behind a natural-looking brow and, yes, that coveted arch. It's a pluckin' shame that more people haven't discovered Shobha, a salon that *specializes* in hair removal, instead of just treating it as a side gig. From threaded brows (starting at \$20) to sugared bikini lines (starting at \$30), Shobha takes it off expertly and then smooths the way with a full line of unique products that keep roughness and ingrowns at bay.

Mary: Hidden away in a cozy nook at the far end of Bergdorf Goodman's lower-level cosmetics department, **BuffSpa** is the place to go to transform your tootsies. Try the Barielle treatment, or gather some key **Barielle** products to keep your feet petal-smooth between visits. Dry-exfoliate using the Titania Pumice Sponge (\$7), a two-inch powerhouse that can also be used daily in the shower. Follow that exfoliation with a sandy swipe of Barielle's Pedi-scrub Foot Smoother (\$19) and a warm slathering of Intensive Foot Cream (\$20), made with deep-sea mud. For a longer-lasting nail job, apply Barielle's Manicure Extender (\$16) after a few days, and, of course, apply foot cream and hand cream regularly.

Judi: With consistent exfoliation and moisture, dry, rough skin can become silky and summer-ready in no time.

Mary: Bring on the slingbacks!

Shoba, 594 Broadway, Suite 403, 212-931-8363; shobhathreading.com. BuffSpa, Bergdorf Goodman, 754 Fifth Avenue, 212-753-7300.

